

Help me, Rhonda!

Dear Rhonda,

I am not a very verbal person by nature. I am usually very uncomfortable in any emotional display. It is not as

though I am a shy person — I am not. But at times I get very quiet in crowds of people

that I don't know. I am very conscious of myself and sometimes think people just tolerate me. I have already decided that this is due to my incessant paranoia.

My problem: As I said before I am not a very descriptive person when it

comes to my emotions. This has gotten me in a lot of fights not only with my

roommate but also my best friends. I would like them to know that I really do love

them. Even though I try the words never come out. I have told them time and time again that I have a hard time

communicating with people who mean a lot to me. This

usually ends up with me losing the best of my friends.

What should I do?

Signed,
Uncommunicative
Dear Uncommunicative,

It is natural for us to be shy in front of people we don't know. And to show emotion is also a common fear. You sound like a very private person, which is perfectly O.K.

However, sometimes we have trouble communicating our feelings to even our closest friends. Remember,

verbal communication is only part of it. In fact, actions often speak louder and mean more than words.

Try doing things for the people you care so much about. You can write them letters, help them with homework, be extra quiet in the morning, run an errand

for them, or help them with their problems. It's also special to listen when someone needs to be understood. Not only will

they appreciate your help, they'll feel loved. You'll be loving without needing to say a single thing.

Good luck,
Rhonda

Current events

Special to the Press

Applications are now being accepted for the 1988 pre-career practicum in mental health offered for the 17th

summer by The New York Hospital-Cornell Medical Center, Westchester Division. The eight week pro-

gram which begins June 6 is open to college students and combines structured, staff-supervised patient

assignments with professionally conducted seminars and lectures.

Students interested in careers in social work, psychiatry, medicine, recreational therapy, nursing and psychology will have an op-

portunity to explore the many disciplines of a university-based psychiatric hospital.

The Westchester Division is the oldest psychiatric institution in New York State and the second oldest in the nation. It has continually provided care at its present

233 acre White Plains location since 1894. The hospital is a division of the Depart-

ment of Psychiatry of The New York Hospital-Cornell Medical Center. The other

division is the Payne Whitney Clinic located in New York City.

The pre-career, non-salaried program is limited to 30 students. Eligibility is

determined by demonstrated academic ability and a required personal interview.

Interested applicants are asked to contact Diane Clark, Director, Volunteer

Department, New York Hospital-Cornell Medical Center, Westchester Division, 21 Bloomingdale Road, White Plains, New York 10605, (914) 997-5780.

Lance B. (RA) — interested? W/B ASAP — from Tuesday
Steve Z — Congrats to our new general manager at WSUC — from all of us!

wanted

URGENT — Wanted two graduation tickets — will pay \$\$\$ call Jean 756-4726.

Wanted: tickets for graduation! Willing to negotiate price if necessary. Call Andrea: 756-5649.

URGENT — WANTED TWO GRADUATION TICKETS — WILL PAY \$\$\$ Call Jean 756-4726

Nicely furnished large 4 bedroom apartment — parking, washer/dryer. Call 756-4726 for appt.

Large home (rent includes utilities) for females — will accommodate 1-9 people. 756-8120.

Nicely furnished large bedroom apartment — Parking, washer/dryer call 756-4726 for appointment.

Beautiful house for 3 females — rent + utilities. Individual bedrooms. 756-8120.

found

Found, a distressed leather jacket, mens, call 753-3428.

personals

Kath, Get a life. You're doing a great job so far. Love Aruna.

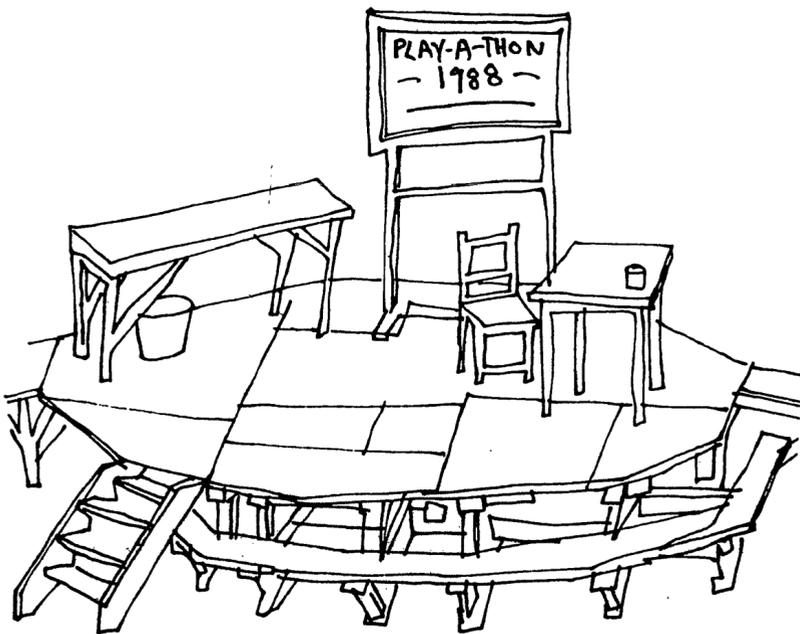
George, get a life, no a real life... You're a great kid, bhai. Love Aruna.

Mariam, aap kaisee hoon? Mein bahut teck hoon. Ramzaan ki Mubharak hoon. Aap kush hoon?!? Love Aruna

NEED A SUMMER JOB: Sleepaway camp in Poconos needs: General Counselors Male/Female 19+; All Sports, Gymnastics; Dance; Tennis; Ham Radio; Archery; Riflery; Ceramics; Scenery; Waterfront (WSI); Language (French & Spanish). Write: Camp, 1714 Wantagh Ave., Wantagh, NY 11793 or call: 516-781-5200.

SUNY Masquers of Cortland present PLAY-A-THON 88

a festival of student-directed one-act plays



SUN., MAY 1 and TUES., MAY 3 at 8:15 PM
William Saroyan's *Hello Out There*
Harvey Fierstein's *Fugue in the Nursery*

MON. MAY 2 and WED., MAY 4 at 8:15 PM
Anton Chekhov's *The Marriage Proposal*
Israel Horovitz's *Stage Directions*
Grace McKeaney's *Fits and Starts*

LAB THEATRE — DOWD FINE ARTS CENTER

Cortland Community College

Are You Thinking About Summer School?

Then consider Tompkins Cortland Community College. Earn transfer credits toward your degree this summer without paying high tuition rates. Tompkins Cortland has small, personalized classes. Our faculty are highly regarded for their excellent teaching skills and caring attitude.

Take advantage of these benefits. We offer courses in business, science, recreation, art, English, math and more. Call the Office of Community Education at 844-8211, ext. 333 to request a complete school course listing.

campus Registration June 1
First Session June 3-July 8
Second Session July 11-August 12
Closing Session June 6-August 11

Tompkins Cortland this summer
a great way to get ahead!