

News Briefs

ON CAMPUS

By COLLEGE RELATIONS

Darlene Demmin, Spanish Education, Susan Duff, Speech Pathology, and Kelly Wolner, Physical Education, are the first, second and third place winners of the Career Services spring **RESUME CONTEST**. Each winner will receive a free year of Credential File service to be implemented at the time of their choice. Judges for the spring resume contest were Assoc. Dean Kathy Green, Personnel Associate Sylvia Hall and student, Sharon Boyce. Need ideas on resumes? Come look at the winning resumes displayed in Career Services.

The fall semester winners, Alice Burns, Political Science, Chris Pultz, Pol. Sci. Katherine Gambier, Education, and Ed Ripic, Physical Education, will also have their resumes displayed. It is never too late to update, improve or even **start** your resume!

ALPHA PHI is proud to announce that on the 29th and 30th of April, they will receive their national charter into the International Sorority. The ceremony will be held at Syracuse University, where the sorority was first originated in 1872. The new colony has gone down in the history of Alpha Phi International Sorority as the largest colony ever. The girls have been working hard to meet their national requirements necessary for installation.

On June 9 - 11 Cortland will be hosting the 7th Annual New York State Senior Games. For those who may not be familiar with this special program, the Senior Games are recreational and competitive events for New York State residents 55 years of age and over.

The assistance of a great many volunteers is required to conduct a program of this magnitude and to meet the needs of the 1500 - 1800 participating Seniors. Students and faculty who can help with the preparation or the conduct of this worthwhile event, please pick up a volunteer application form from Dr. Beulah Wang at Park Center, E-346. Call extension #4999 for further information.

Dr. Anthony Papalia, director of the Counseling Center at State University College at Cortland, was installed as chairman of the Counseling Center Accrediting Board for Colleges and Universities at a recent meeting of the American College Personnel Association in Washington, D.C.

As chairman of the accrediting board, Papalia will be charged with ensuring that college students in the U.S. and Canada receive quality counseling services.

A member of the Cortland College faculty since 1961 and director of the College's counseling services since 1967, Papalia received a bachelor's degree in history from Oberlin College, a master's degree in counselor education from Pennsylvania State University, and a doctor of education from State University of New York at Albany.

He is vice president of Cortland College Faculty Senate, chairman of the SUNY Counseling Center Director's Group and serves on the Cortland County Board of the United Way. He is also chairman-elect of the SUNY Health Council.

AIDS is ubiquitous...maybe even here!

By JENNIFER A. BOYLE
Staff Writer

Is your body hosting a killer? Are you sharing it with someone you love? Do you even know?

According to Dr. Richard Keeling, Medical Director of the American College Health Association, there may be 14-20 students at Cortland College infected with the Human Immune-Deficiency Virus (HIV). This is based on Keeling's study of a national sample of colleges and universities populated by a wide spectrum of demographic groups, from the conservative in orientation to the more liberal. The study concluded that three of every 1,000 American college students carries the deadly virus.

Keeling presented his findings at the American College Health Association's AIDS Prevention Workshop in Syracuse. Lucy Vaughters, P.A., and William Sechrist, Health, attended the workshop held April 11-12. Health Education majors Maura Wenzel and Karen McCaul also participated.

The SUCC students who could be HIV carriers are probably clueless because young, healthy individuals who are HIV+ are usually not instantly sick with 'full-blown' AIDS from the time they contract the virus. "They're healthy people who probably aren't going to come down with it (AIDS symptoms) for 10-15 years," said Vaughters. Meanwhile, they may be infecting other people with the virus. "You don't have to be physically ill to be infected or infectious," she added.

If you are concerned that you may be carrying the HIV virus, call the AIDS HOTLINE toll free: 1-800-462-1884, or the Cortland County Health Department at 753-5036 to discuss confidential testing. Students are encouraged to call the Student Health Service at x4811 with concerns or questions about risk factors.

Keeling's study shed some light on the popular myth of AIDS as a 'gay disease.' Of new HIV+ cases reported in 1988, the number resulting from heterosexual contact equals the number of HIV+ cases of homosexual men who live in San Francisco, a largely gay community. In other

words, "It no longer is strictly a gay disease," said Sechrist.

The point is that AIDS is ubiquitous—it is everywhere. It does not discriminate. It does not matter who you are or how much money you carry in your pocket. If you are careless, if you could not 'care less' about your life, you are an easy target.

Keeling estimates that by 1993 AIDS will be the most common cause of death for Americans between the ages of 18 and 53. He projects that the two main sources of AIDS cases in the 1990's will be intravenous drug users along with their partners and their babies, and sexually active people with multiple partners.

When we think of intravenous needle users we tend to think of inner-city bums. However, Keeling dismissed that notion as well. He raised the issue of college athletes shooting anabolic steroids to increase muscle bulk. Is that a reality at Cortland College? Vaughters indirectly surveys some of the patients she sees: "What percent of your friends use steroids?" she asks. She estimates that about 25-50% of those she queries know students who use steroids. "This is based on hearsay," she admits, "but for what it's worth, as far as AIDS goes, tell your friends not to share needles," she warns. "They can't share their 'works' (needles) or they (might) be sharing AIDS," she says.

Not a good game plan.

As for multiple sexual partners, "Multiple means more than one," said Vaughters. The fewer sexual contacts you have, the less likely your chance to contract the virus. Bodily fluids including semen and blood may be contaminated with it. Intimate kissing is not a risky activity, contrary to popular belief. According to Keeling, it would take two cups of saliva to infect someone else; but even small cuts in the mouth are a different story.

Also, people may have other sexually transmitted diseases (STD's) such as herpes, which may possibly heighten the risk of HIV transmission. Not only is it important to realize that you can contract HIV through open sores and lesions, but the "Increasing rate of STD's substanti-

ates the assumption that people are not engaging in safer sex," said Vaughters. In fact, cases of syphilis recently doubled, for starters.

This makes condom use absolutely necessary.

No exceptions.

But they must be used correctly. Vaughters pointed out that sex and alcohol do not mix. Condoms can be carelessly used when partners are drunk. They are useless unless they are used correctly. They ideally should be used with a spermicide containing nonoxyl-9, which also kills the HIV virus. Many couples use them improperly or wait too long to put them on, or refuse to use them altogether.

Though women are at relatively low risk of contracting the virus, they should still use them. But many don't because they claim, "My boyfriend has never been gay," which doesn't hold any water," said Vaughters. According to the famous Kinsey report which is based on information collected during the 1940's and 50's, 20.3% of adult males have had sexual contact to orgasm with other men at one point or another. Women also say they are afraid they'll be rejected by their partners if they insist on using condoms. "The fear of rejection is greater than the fear of transmission of HIV," said Vaughters.

Vaughters suggests that couples should condition themselves to use them "Until it becomes natural," then keep using them. Sechrist stressed that positive reinforcement helps to remove some of the anxiety associated with condom use. "Become mutually supportive," he said, to help make it part of the sexual routine. After all, which is worse: being embarrassed or being dead?

A new health course titled AIDS: Intervention / Prevention (one credit) will be offered next semester. It is not listed in the fall course outline, but interested students may contact the Health Department for more information. A peer teaching program will also be established next semester to promote education in residence halls and other groups. Interested students should contact Sechrist or Vaughters.

Congratulations to SASU!