

Expert in African Literature to speak

Special to the Press

Professor Jonathan Ngate, a professor in the Department of Romance Studies at Cornell University will be speaking on "The French Revolution and the Rest of Us: An African Viewpoint." The sandwich seminar will take place Monday, April 30 at noon in the Doorknob, Old Main. Ngate's field of specialization is African literature of French expression. He was born in the Central African Republic. He has taught at LeMoyné College and at the University of Michigan at Ann Arbor; since 1988, he has been a faculty member at Cornell. His recent books include *Francophone African Fiction: Reading a Literacy Tradition*.

Professor Ngate's visit to the Cortland campus is part of a series of events commemorating the Bicentennial of the French Revolution. Funding has been provided by the Auxiliary Services Corporation.

During his visit on campus, Professor Ngate will also talk on the poetry of Aime Cesaire, Monday, April 30 at 1 p.m. in 139 OM. The lecture, "Seminaire sur la poesie d'Aime Cesaire," will be in French.

National Panhellenic Conference is here

Special to the Press

As the name implies, National Panhellenic is a Conference body. Its members are women's fraternities, each of which is autonomous as a social, Greek-letter society of college women.

National Panhellenic Conference is an organization established to foster interfraternity relationships, to assist collegiate chapters of the NPC member groups, and to cooperate with colleges and universities in maintaining the highest scholastic and social standards.

The National Panhellenic Conference was organized in 1989 as the Cortland College Panhellenic Association and recognizes four sororities at Cortland, Alpha Phi, Delta Phi Epsilon, Nu Sigma Chi and Sigma Delta Tau. The Campus Panhellenic consists of the Executive Board and The Panhellenic Council comprised of delegates from each sorority and members of standing committees. The founding Executive Board was made up by Laura Giardina, Presi-

dent, Dawn Lunde, Vice President, Kim Ohlerich, Treasurer, and Tracy Green, Secretary. Presently there is a transition of new officers for next year, they are Dawn Lunde, President, Karyn Hickman, Vice President, Tracy Green, Treasurer, and Amy Nevin, Secretary.

Panhellenic is working on projects such as summer mailings, rush, Greek Life 101 as well as hosting a SUNY Panhellenic Conference in the Fall.

All four sororities will be rushing informally in the fall and formally in the spring. Informal rush parties will be hosted by individual organizations during the week of September 9th through the 15th. Panhellenic will be sponsoring an Open House on September 9th in Corey Union, so be sure to come down and find out more about Panhellenic, rush, and Cortland's sororities!

Be a part of a nationally affiliated and Cortland College recognized Greek system! Amazing opportunities are available for women in Greek life!

THANKS

The directors of the 1990 Cortland State Physique Show would like to extend a very special thanks to Ms. McGinley, APEM and all who made the event such a success!

Contest tapes are available in the Athletic office in PER.

Judges final results and scoring, along with information about video tapes of the show, will be available next week.

A mandatory meeting for all of those interested in becoming part of the Cortland Bodybuilding Club and helping with next years show, is scheduled for Tues. May 1 at 7pm, in the Corey Union Fireplace Lounge.

Any questions please call Tom, Jim, or Mike at 753-9241

Stress reduction workshop scheduled

Special to the Press

Stress may be the greatest health threat in our lives today, contributing to symptoms such as headaches, high blood pressure and backaches. Central New Yorkers are finding themselves coping with many stressful situations whether it be the siting of the nuclear dump, job layoffs or family/workplace situations. Managing stress is a concept that people are becoming increasingly aware of as a means for healthy, happy living.

John D. Place has scheduled a stress reduction workshop for May

5, 1990, at the Cortland YWCA. The seminar will begin at 8:45 a.m. and it will run until 4 p.m. The registration fee will include lunch.

Place has a Masters Degree in counseling, is a New York State licensed Massage Therapist and has over a decade of experience in the helping professions. For the last 12 years, Place has given courses on stress reduction at area colleges and has done stress management consulting throughout the state. He was one of the first to offer Central New Yorker's an innovative approach to wellness training.

Participants at the workshops are asked to wear warm, loose, comfortable clothing and come prepared to learn by doing. All equipment and course materials will be provided. Please observe the posted starting times so that all participants may benefit fully from the experience.

To register or to obtain more information on the course and course fee, please contact the Citizens Against Radioactive Dumping Office at (607) 753-6271 between 9 a.m. and 3 p.m. or call (607) 863-3972 anytime. The seminar size is limited, so please pre-register.

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