

# C-G Recipe Corner

## Cherry Delight-- A-Winning Recipe

By MISS GOODY

When it comes time for spring, one of the most popular attractions in the country is the cherry blossoms in Washington, D. C. But if you can't take a trip south, a trip along Lake Ontario and around the Finger Lakes will give you some of the same pale pink beauty.

But during the winter many 4-H'ers were anticipating the spring cherry blossoms in their Cherry Dessert Contest held at Rochester's Midtown Plaza. County Cherry Dessert Contest winners from both the Junior and senior divisions were entered in the February contest.

The 4-H'ers created an original recipe, or modified a recipe for a cherry dessert. Skills and theories learned in 4-H foods and nutrition projects are put into practice. Desserts were evaluated on originality, flavor, consistency, use of cherries and general appeal.

Debra Barnes, of Lyons, was a blue ribbon winner in the Junior division. Her Cherry Delight was the prize-winning recipe for this 13-year-old. You might like to try it for yourself.

For the cherry filling, mix 1/2 cup sugar, 3/4 tbs. cornstarch and a dash of salt together in a sauce pan. Drain 1 can (1 lb. 3 oz.) sour cherries, reserving 1/2 cup of the juice.

Slowly add cherry juice and 1/4 tsp. red food coloring to sugar mixture and cook slowly until thickened and clear. Cover and simmer for 5 minutes. Add cherries and mix.

In the meantime, crush 12 ounces vanilla sugar wafers. Spread wafer crumbs over the bottom of a 6x10-1/2 pan, reserving 1 tbs. for garnish.

Separate whites from 2 eggs and whip until a thickened meringue. Add 1/2 cup confectioners' sugar, 1/2 cup softened butter or margarine to the 2 egg yolks and beat. Fold meringue into egg yolk mixture.

Spread egg mixture over wafers in the pan. Spread cherry filling over egg mixture. Follow by a layer of whipped topping and sprinkle the reserved wafer crumbs on top. Refrigerate until served.

In the senior contest, Pat Reynolds of the Minstead Road in Marion entered her recipe for Cherry Kuchen.

This also has a cherry filling. Blend 3/4 cup sugar and 3 tbs. cornstarch in a sauce pan. Add 1 1/2 cups cherry juice and cook until thick and clear, stirring constantly. Add 1/2 tsp. red food coloring, 1/2 tsp. almond extract, 3 cups sour cherries (drained) and 2 tbs. butter. Set aside to cool.

If the cinnamon crumb topping is made a couple of hours ahead of time, Miss Reynolds says, it makes a better topping. Mix together 1/2 cup unsifted flour, 1/4 cup sugar, 1/2 tsp. cinnamon and 2 tbs. butter.

The basic sweet dough is made by thoroughly mixing in a bowl 1 cup flour, (again un-

sifted), 1/4 tsp. salt, 1/4 cup sugar and 1 pkg. undissolved dry yeast. Add 1/2 cup softened butter.

Gradually add 3/4 cup very hot tap water to dry ingredients. Beat for 2 minutes at medium speed on electric mixer, scraping bowl occasionally.

Add 1 egg and 1/2 cup unsifted flour, or enough to make a thick batter. Beat at high speed for 2 minutes; scrap bowl occasionally. Stir in enough additional flour to make a soft dough; this will probably be between 1/4 to 1/2 cups of unsifted flour.

Turn out on lightly floured board and knead dough until smooth and elastic. Press dough evenly into a 12-inch pizza pan, making a rim of dough around the edge. Fill with cherries and top with cinnamon crumb topping. Let stand in warm place 15 minutes to rise and then bake in a preheated 350 degree oven for about 40 minutes.

Another entry in the contest was for Cherry Cinnamon Crunch, the recipe of Sharon Galens of Clifton Springs. For the filling, drain a 1 lb. can of pitted sour cherries; reserve juice.

Combine 1/2 cup cherry juice, 3 tbs. sugar, 2 tbs. cornstarch, 2-3 tbs. cinnamon candies and a pinch of salt in a small sauce pan. Cook over low heat, stirring constantly. Stir in the 1/2 cups drained cherries and set aside.

For the crust, mix 1 cup uncooked rolled-oats, 1/2 cup flour, 1 cup brown sugar and 1/2 cup butter with a pastry blender until crumbly. Spread half of mixture evenly to cover the bottom of a greased 8x8x2 inch pan. Reserve remainder for top.

Spread the cherry mixture evenly over the crumbs. Cover the top with the rest of the crumb mixture. Bake in preheated 350 degree oven for 30 minutes.

This recipe makes 9 servings. May be served warm or cold. If desired this dessert may be topped with vanilla ice cream, whipped cream, sour cream or softened cream cheese.

## Keep Halls Clear for Quick Exit

Spring Clean-Up Week is a good time to make sure halls in your home are not blocked with furniture and other obstacles, especially if there are elderly persons in your household, the American Insurance Association said today.

In case of fire, the elderly should be guided quickly to safety. The highest death rate in fires was among persons 65 years of age or older in 1966.

Fire deaths in this age bracket totaled 122, per 100,000 population, compared with only 4.5 per 100,000 among persons 45 to 64 years old, 2.6 in the 25-44 age bracket, 1.1 among young people 15 to 24, two among those 5 to 14, and 7.6 among children four years old or younger.

We pamper criminals and hamper police, when the police are all that save us from anarchy.

We spend billions to pay people not to work -- when we need the workers, and haven't got the billions.

Devoted men in uniform spend their lives, underpaid and in jeopardy, fighting to keep our nation safe. Then, for political advantage, we sweep aside their gravest advice.

Companies which provide millions of the best-paying jobs in the world were built out of profits made by ambitious men who plowed those profits back, to make more. Now Government and unions call such men selfish, and tax and destroy the profits vital to tomorrow's jobs.

We spend billions to get to the moon, for

some ridiculous "prestige", instead of using those billions to reduce our debt and make us safe and solvent again.

For voters at home we placate our enemies abroad and attack our friends (and how we need those friends!).

We concentrate more and more power in a central government (too often of little people) and so weaken the local governments -- which are the very essence of democracy and freedom.

We spend billions for foreign aid and let prosperous foreigners who owe us billions spend our money to deprive us of our dangerously-needed gold.

Common sense used to be the outstanding trait of Americans. In Heaven's name, what has happened to it?

## Major League Elects DeJohn New President

Charley DeJohn of Clyde was elected president of the Major Bowling League for next year at the post-season banquet held at the Midway Restaurant.

He succeeds Frank Nittolo. Rudy Fritz was elected vice president and Ed Brockhuizen was reelected secretary.

Pete Minutolo was awarded the "most improved" bowler of the year award for increasing his average from 165 to 176. Mike Chelenza won high individual average honors with an 184 followed by Charley DeJohn with 179 and Minutolo with 175. The Pepsi entry won first prize for high three-game total of 2,932 and the Old World Inn took high single game with 1,032. Fred Coulmer won high single game with his 267 and Ed Brockhuizen won a three-game honors with 655.

All teams voted to return to the league next year. Pete's Restaurant emerged as the loop champions with Jim Lipari, son of the late Pete Lipari, accepting the championship trophy from Charles Ross, managing editor of the Courier-Gazette.

## Red Jacket Power Squadron Installs Staff

Red Jacket Power Squadron of the United States Power Squadrons held its annual change of watch banquet at the Clifton Springs Country Club.

Sixty-seven members and guests were on hand to pay tribute to outgoing Commander Robert Killips of Lyons and to welcome the new officers.

New officers for 1968 are Harry Teiler of East Palmyra, commander; Robert Perry of Victor, executive officer; Enos Trowbridge of Palmyra, administrative officer; William Roche of Palmyra, secretary; and Paul Scofield, Palmyra, treasurer.

New members of the Red Jacket Chapter include Bill Paliothi of Lyons and William Brainerd of Williamson, representing District 6 of which Red Jacket is a part. 1st. Lieutenant David Williams of Buffalo, Lieutenant Williams administered the Power Squadron Oath for the benefit of new members and also the oath of office to the new Squadron officers.

United States Power Squadron is an educational organization devoted to the idea of "safe boating through education". At the present time, three elementary piloting courses are being conducted in addition to several advanced courses. And, the Red Jacket Squaws, the wives of Squadron members, are conducting classes for young boatmen. This project is headed by Jean Gavin, Dorothea Davis and Myrtle Smith of Newark.

## The Green Thumb

By George Abraham



## Cotton Makes Good House Plant

Many of our readers have written to tell us what good luck they've had raising cotton indoors. The plants even produce big cotton bolls right in your own home.

One reader writes: "Some time back I picked up a cotton boll in the south and planted the seed. I used plain soil in a wooden box and after the seeds came up I planted them outdoors in June. The plants start to blossom in September and

were very showy. I brought the pots indoors and the plants blossomed indoors during the winter months."

Because so many readers tell us how much they enjoy raising cotton as a novelty I've taken up the idea and have some plants growing in my office window and in the greenhouse. Cotton is easy to grow. You simply put seed in a flower pot containing sand, peat and loam. Seed is set in 1 inch deep, watered, and after the plant comes up water only once every 4 or 6 days, or when the plant looks withered. Grow in full sun. If you don't know where you can get cotton

seed, send me your name and address and we'll forward it along to a source nearest you.

**AFRICAN VIOLETS:** You can start your own violets from seed. Save the seed pods from your violets. If they are brown and shriveled, you know they are ripe. It takes 7 to 9 months for a pod to ripen, once pollination has been effected. Pinch off the ripe pod and place in a dish to dry. Takes about a week to dry the pods off, and after that, break them open and sow seeds in sand and vermiculite. Do not cover seed, but press it down lightly. Seedlings will pop up in 2 to 3 weeks. Transplant them an inch apart when they have 3 leaves. When plants have 4 or 5 leaves, transplant into 3 inch pots. Young plants from seed begin to bloom when 6 months old.

A common trouble now is leaf bleaching. This may mean too much light or a lack of nitrogen in the soil. Move plants to a darker window. Failure to bloom may be due to insufficient light

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## Hydesville Cops Twin County T Leach Hits 593

Hydesville Grocery of three points to the Albree still came up with the championship in the Twin League at the Rose Lanes.

Gordon VanHall rolled opening game in his 508 winners. The Norsens of Newark Market to clinch place. Scofield took three from the Abbots, the McCoy's three from the Agways' shut out the B'ber's and in the other the Rolles blanked the on a 246-598 effort by Leach.

Top six: Hydesville 847, sens 78 1/2, Albrechts 76, 73 1/2, Flying A 70 1/2, Agw...

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great.**



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