

Newark Union-Gazette THE MARION ENTERPRISE. Editor and Publisher: RACE GREELEY HOWARD. Published every Thursday at Newark Grange Building, 104 Miller St., Newark, N. Y. Phone 710.

The 'Tax Racket' A recent survey, reported to be among the most accurate made, concerned the proportion of income paid in taxes by a typical workman earning \$20 a week. The survey found that \$4 of this modest wage went to the tax collector. That \$4 was not paid directly, of course—it is probable that the average worker doesn't know he is taxed at all. He is concerned with income tax blanks and the other myriad of involved tax reports required by government of those higher income brackets. His \$4 was paid indirectly throughout the entire week. High taxes make a loaf of bread cost a penny more than it would otherwise, a pair of shoes cost fifty cents more, a ticket to a movie a dime more, a monthly electric bill sixty cents more. So it goes, down a endless list of purchases and payments we all make. The tax collector is always at your elbow—a highly expensive unseen companion. And here is the living proof of the fact that the real burden of taxation falls more heavily on the man of small means than the man of large. Four dollars a week taken out of a \$20 paycheck means that this typical worker's family must without needed clothes, medical attention, entertainment, etc. It means less money for insurance or savings. It means poorer housing, poorer meals. We've heard much of that proportion of the population that is "ill fed, ill housed, and ill clothed." What we don't hear often enough is that the burden of debt and taxation is largely responsible for that, and in two ways. First, it takes a percentage of the small wage earner's income that he obviously cannot afford if he is to maintain a decent standard of living. Second, it deprives him of jobs and opportunities and the chance for better pay. An overburdened business doesn't expand and hire more men. Nor, when it is being drained to the limit by government, can it raise wages. So the "little man" is getting it in the neck—as a result of these suicidal fiscal policies pursued by a group of politicians who weep crocodile tears on behalf of the people. It's time the "little man" woke up to the racket.

Dale Carnegie Author of "How to Win Friends and Influence People." SO YOU CAN'T SLEEP! Do you remember reading about two men who went into a cave in Kentucky, to study sleep? They lived there for 32 days and did nothing but study sleep. One of these men, Dr. Nathaniel Kleitman, of the University of Chicago, is probably the greatest authority in the world on sleep. He has studied sleep—just sleep, and nothing else—for sixteen years. On one occasion he went 115 days without sleep, nearly five days. I asked him for six rules which would help readers of this column to improve their sleep. To my astonishment he replied that there were no six rules which would help everyone. He said that authorities did not even agree on what constitutes "good sleep." Here are his own words: "At present there is no acceptable objective criterion as to what constitutes good sleep, although there are many and varied views and opinions on the subject." Then, a bit further on, he gives his own opinion of how to obtain satisfactory sleep. It's astonishing you! Here it is: "My own view is that most people will benefit from establishing and maintaining regular habits of existence. That means keeping regular hours for your activities—work, meals, and sleep. Sleep is a highly individual matter, and habits and procedures that are found helpful by some, may actually interfere with the sleep of others. In other words, what may help one person sleep may keep another person awake. So don't believe all the gush you read about sure ways to go to sleep. They may even harm you. Another astonishing thing he found out is that sleep is not induced by fatigue substances, but is a habit acquired by present serious fatigue. You don't go to sleep because you're fatigued, but because you may become seriously fatigued." I have boiled six of Dr. Kleitman's statements so that you can cut them out if you wish to. Daytime naps do not impair your night sleep. Most people actually sleep more than is necessary. Do not worry about occasional loss of sleep. It will not seriously harm you. It is easier to fall asleep in the spring and in the autumn than it is in the winter. You are not at your best when you wake up in the morning, even after a refreshing sleep. You will be in your best form when your body temperature is highest. This for a large person will be during the middle of his waking hours or the early afternoon. You sleep most soundly the first two hours you are asleep. Now, here in one column you have six of the most important things discovered after sixteen years of experiments. The principal and most helpful thing to be derived from this is that your worry about insomnia is an important factor in keeping you awake. Forget it and go to sleep. Sour Cream Substitute. A bed covered by a canopy is usually called a canopy or tester bed. This piece of furniture was used in Elizabethan days and earlier, but was popularized in Colonial days when these huge four-poster beds were covered with a bright-toned tester or canopy.

The Bridge Club. A cartoon illustration showing a group of people sitting around a table. Speech bubbles contain humorous dialogue about taxes and government. One man says: "WHEN THAT SNIP OF A CENSUS MAN INSISTED THAT I TELL HIM MY AGE, I TOLD HIM WHAT I THOUGHT OF THE GOVERNMENT IN NO UNCERTAIN WORDS—!!! I BET THE PRESIDENT WILL WINCE WHEN HE HEARS WHAT I SAID—!!!". Another man says: "YES INDEED!! THOSE FOLKS IN WASHINGTON ARE TERRIBLY IMPERTINENT, I WANTED TO KNOW IF I'D BEEN MARRIED BEFORE!!". A third man says: "I CAN'T SEE WHY CONGRESS WANTS TO KNOW HOW MUCH OUR SALARY IS! I REFUSED TO TELL AT FIRST, BUT WHEN HE SAID 'I'D TELL 'OR ELSE', I CHANGED MY MIND—!!!". A woman says: "IT'S AN OUTRAGE, GIRLS—I WHAT'S TRUMP AN' WHO 'OOK TH' LAST TRICK—?".

S. S. LESSON FOR WEEK Dewey's Appeal With Voters Gives Him Lead Over Rivals. SPECIAL TO UNION-GAZETTE. Washington, April 17.—The two phases of greatest political interest in Washington at this stage of the Presidential campaign might be called the "Draft Roosevelt" movement and the "Stop Dewey" movement. The politicians of both parties are divided, in each case. The Draft Roosevelt movement is focused entirely in Washington and is being conducted by Administration officials, most of whom stand to lose their jobs if any Democrat, except Mr. Roosevelt, or any Republican at all, becomes the tenant of the White House next January. It is led by the Secretary of the Interior, Mr. Harold Ickes, who was a Republican until President Roosevelt made him a member of his Cabinet. This movement has been going on for months, and shrewd observers here think they see signs that it is waning. The best opinion among Washington soothsayers today is that Mr. Farley and Mr. Garner have succeeded in demonstrating to the President's satisfaction that it would be ruinous to his Party for him to run for a third term. The same prophets are predicting that Mr. Roosevelt's influence will be thrown to Secretary of State Hull for the Presidency and Attorney-General Robert H. Jackson for second place on the ticket. Such a ticket would go far to avert a serious split in the party, since both Mr. Hull and Mr. Jackson are well liked and respected by almost all factions of Democrats. Eligibility Increased. Mr. Hull's eligibility is regarded as having been increased by his victory in Congress in obtaining a majority vote in both houses for the extension for three years of Executive authority to continue to negotiate reciprocal trade agreements with other nations without having to submit them to the Senate for confirmation. It had a close vote in the Senate, several Democratic Senators from the agricultural states voting against it. The belief here is that the Republicans will make these trade agreements a major campaign issue in the agricultural regions of the Mississippi Valley. The Farm Vote may easily decide next Fall's election, and there is a strong element of farmers who believe that Mr. Hull's trade agreement opened the door to foreign competition with American farm products. District Attorney Thomas E. Dewey of New York made himself many friends in the agricultural states of the Middle West by his speeches on the farm situation, in which he took exception to the Hull policies. But Mr. Dewey did more than that. He gave the leaders of his Party the surprise of their lives by his success in the primary elections of delegates to the Republican National Convention. Everybody in Washington almost was certain that Senator Vandenberg would get at least two-thirds of the Wisconsin voters. But Mr. Dewey got the whole twenty-four of them. This clean sweep was the most convincing demonstration Washington has had yet of young Mr. Dewey's popularity with the voters of his own party. Added to his other primary victories, it has given his party leaders something to think about seriously. Regarded as Outsider. In Washington where Senators Vandenberg and Taft are familiar figures the tendency has been to regard Mr. Dewey as an outsider who might be good enough for second place but whose youth, he is 38—and alleged inexperience in the administration of public affairs ruled him out as the nominee for the head of the ticket. But political leaders in Presidential years are prone to take a realistic view of circumstances as they are. The realistic view in this case is that the Republicans, facing the handicap of being

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Arcadian Annals. FIVE YEARS AGO. Newark Union-Gazette April 18, 1935. Born to Mr and Mrs. James Nellis on Sunday, April 14, a son... Mr. and Mrs. Paul Starr and daughter Barbara called on friends in town Monday... R. B. Allen and W. L. Tinklepaugh have purchased a Naples furniture store and plan to take over the business in Naples soon after May 1... Miss Ida DeVries, daughter of Mr. and Mrs. Charles DeVries of East Palmyra, was married to Walter R. Pieters, son of Mr. and Mrs. Abram Pieters of East Palmyra on Wednesday evening, April 17, at 7:30 o'clock at the home of the bride's parents. TEN YEARS AGO. Newark Union-Gazette April 18, 1930. Michael Laudise arrived Wednesday from St. Lawrence University to visit his parents, Mr. and Mrs. M. Laudise of Church St... Miss Emma McCabe is spending the Easter vacation in Rochester... Mrs. Roy Curtis left Thursday on a trip to Bermuda. TWENTY YEARS AGO. Newark Union-Gazette April 18, 1920. The offices over the City Grocery Co., which have been occupied by S. E. Comstock for several years, have been leased for a rest room by the Newark Community Association... John Walters has purchased a Titan Tractor, No 1020... Mrs. William Miller is moving from her house on West Miller St to East Ave. THIRTY YEARS AGO. Newark Union-Gazette April 18, 1910. After several years of discussion, of backing and filling, of making and unmaking plans, Newark is in a fair way now to have a men's club that will be open to men who are over 18 years of age... A daughter was born to Mr. and Mrs. John Metcalfe Thursday... The R. S. & E. announce that the express and freight service from Syracuse to some point west will be inaugurated about the first of May... A daughter was born to Mr. and Mrs. H. J. Raucher Monday April 16, 1900. Miss Mae Garrison and Miss Mame Walsh spent Sunday in Palmyra... Seymour Scott is having the foundation of his windmill laid on Point Charles... The plant of the Shortsville Wheel Co., at Littleville, was destroyed by fire Wednesday. FIFTY YEARS AGO. Newark Union-Gazette April 19, 1890. C. W. Stuart & Co. are busily engaged in packing nursery stock for the spring shipment... Jacob Tator is building a new stoop on the front of his house which improves the looks of the place very much... Rev. O. T. Wyman has been engaged as pastor of the Christian Church for another year. 60 YEARS AGO. Newark Union-Gazette April 17, 1880. From a Rome newspaper it is reported that L. E. Ramsdell, formerly of this town, died at the Northern Hotel, Rome, on Sunday night last... Adolph Barker of Ontario, the young lad who cut his throat about three weeks ago, is in a fair way to recover. 'Blackout' Spectacles. "Blackout" luminous spectacle frames have made their appearance in London. Made with a substance that glitters in the dark, they are designed to be seen for a considerable distance in the dark.

IT BEATS ALL HOW THAT TELEPHONE HELPS THE FAMILY GET AROUND. YES, THEY'RE OFF AGAIN TO ANOTHER CHURCH SUPPER. Even a cat and a canary can agree on a good idea—a telephone certainly helps the farm family get more enjoyment out of life. Helping the farm family take part in the social life of the community is one of the best jobs the telephone does. It brings and extends invitations. It helps in making plans for school, church and neighborhood activities. It brings news and keeps you in instant touch with relatives and friends, nearby or at a distance. And, best of all, the whole family can share in its benefits. NEW YORK TELEPHONE COMPANY. Have You Ordered a Phone for Your Home? Only 6¢ to 10¢ a Day for a Farm Telephone. It Will Help You.

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