Candidates

(From Page 1)

hree blacks are seeking s in the Georgia Senate. local Georgia races, at t 23 blacks are seeking itions on County Commis-s, City Councils and are ning for the office of Jus-of the Peace.

chool Board positions are target for the largest up of black candidates in isiana. In addition, blacks seeking Police Juror I City-Parish positions at local level. Brenda Da-ler is running as a write- candidate for the U. S. nate, while Ernest Morial, uisiana's first black legis-or in modern times, is king the position as Judge the 4th Circuit Court of peals.

Three black candidates, run-ng as Independents, are eking seats in the Congress, U. S. Representative om Mississippi. Black In-pendents are also running r election commission an chool Board posts in the ate.

Although most local elec-ns in North Carolina were ld in May, 1972, several chool Boards and County ommissions have black con-nders in November. The ost significant North Caro-na races are for the State enate, for which there are wo black candidates, and the tate House, which has six lack candidates.

South Carolina, four blacks re seeking State Senate eats and eight blacks are onducting campaigns for the State House. Other local elec-ions in which blacks are unning include county com-missions, City Council and chool Boards,

In addition to the race of . O. Patterson for the Con-gressional seat in West Ten-nesee, seven blacks are con-tenders for the State House of Representatives. Other Tennessee races featuring black candidates include that of Criminal Court Judge, in Memphis and several posi-tions for Justice of Peace.

In Texas, black caididate, Barbara Jordan is virtually assured of a seat in the U. S. House.

Nine blacks are seeking po-sitions as representatives in the Texas House.

Virginia has a black write-in candidate, William Ward, from the 4th Congressional District. The only other elec-tions in which blacks are in-volved in Virgina are in Mecklenburg County, where six blacks are running for posts on the County Board of Supervisors.

Summarizing the survey of black Southern candidates, VEP's executive director, John Lewis stated, "This array of candidates is fur-ther evidence that our earli-er predictions of black inter-est in State, and local elec-tions will be high in 1972. In these last days before the Nov. 7th, elections, the VEP is making every effort to see that minority voters turn out en masse, to have a voice in electing leaders who will represent them."

ANSWERS TO TURKEY QUESTIONS

by MARTHA LOGAN

Q. Is turkey high in calories?

A. No. An average serving of white meat of Butterball Swift's Premium Turkey, 3½ ounces, contains just 174 cal-ories. The dark meat is slightly higher as it contains 214 colories for the same serv-ing. A combination of dark and white meat along with some crisp skin is 217 calories for the 3½ ounce serving. With these figures, enjoy two servings!

Q. How should you thaw a turkey?

A. The safe way to thaw a frozen bird is in the original wrapper on a tray in the re-frigerator or in cold water. Thawing turkeys completely or partially at room temper-ature is frowned upon by sci-entists. They point out that the skin surface becomes quite warm before the rest of the turkey thaws.

Q. How large a turkey should you buy?

A. You want to buy a turkey large enough to be assured of generous servings. Also you want enough left for sand-wiches and a next day dish. So, buy 1½ pounds per per-son of the regular turkey and 1½ to 2 pounds of the already

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DULSKI DELIVERS:

- Hundreds of contracts for local industry
- New Food & Drug Administration Building
- New Federal Building
- New Post Office Building
- Smokes Creek flood control
- Wilcox Home national monument
- CCC grain storage in Buffalo elevators
- Grants to Roswell Park and Veteran's Administration

CONGRESSMAN DULSKI — Lifelong resident of this area

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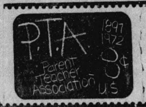

DESIGN OF A POSTAGE STAMP to salute the 75th Anniversary of the National PTA is a blackboard with the lettering chalked in a child's script. The blackboard is bordered in yellow and the chalk is in white. Print order of the 8-cent stamp is 135 million by gravure. The PTA was founded in Washington, D.C. in 1897 by Phoebe Apperson Hearst, wife of U.S. Senator George Hearst and mother of William Randolph Hearst, and Alice McLellan Birney, wife of a prominent Washington attorney. During its 75 years of working for the welfare of all children, the PTA:

- In 1899 petitioned Congress for a National Health Bureau (14 years before creation of the U. S. Public Health Service).
- In 1906 played a key role in the passage of the Pure Food Bill.
- In 1946 was named primarily responsible for the passage of the federal school lunch program.
- In 1951 conducted a national conference on narcotics and drug addiction.
- In 1965 shipped more than a million books to mountain schools in Appalachia.
- In 1970 initiated Project RISE (Reading Improvement Services Everywhere).
- In 1972, under federal funding, integrated alcohol education in its smoking and health project with plans for several pilot programs to be tested at the state level.

Elect A Man Who Will Help Fight Crime In 143rd District

ELECT A Man Who Cares For:

Stiffer Penalities To Drug Pushers

Safer Streets In *The* 143rd

Increased Employment

Aid To Non-Public Schools

Repeal Of The Liberal Abortion Law

Fred Carner Is A Fire Fighter For The City Of Buffalo And A Fighter For The Rights Of ALL TheCitizens Of The 143rd Assembly District

Republican & Conservative Endorsed

.— Paid Political Advertisement

Carner Receives Complaints Of Fear

Frederick C. Carner, candidate for the Assembly in the 143rd District, in a press release, reveals that crime is a major problem and issue in the district, the reason he is seeking election.

The candidate stated: "People from all walks of life have called me to ask me to do something about the high rate of crime in our neighborhoods."

"The incumbent Assemblyman has done little to solve this problem. In fact very few of his bills get passed," Carner said.

Carner said that his research committee has investigated the rising crime statistics, and "I am startled that in 1971, out of a total of 75 homicides, 34 were in the 143rd District.

"Out of 1,285 robberies, 912 were in our neighborhood and 48 of the reported rape cases were also in our very own neighborhood." Carner also pointed out that 25% of 6,295 reported burglaries were in the 143rd Assembly District.

The incumbent Assemblyman is not home often enough to truly understand the need to protect our law-abiding neighbors and constituents," Carner said. "The first abligation of a State Legislator, should be to increase the safety of his fellow citizens, so they can live free of fear." "And not a tear has been shed."

—ELECT—

Mary R. Halliday

REPUBLICAN

CANDIDATE

— For —

Assemblyman

142nd District

Hard-working
Competent
Sincere
Honest

A Friend Of Youth
The Golden Agers
& Veterans

Election Day, Tues.
Nov. 7th

.— Paid Political Advertisement

Dulski

(From Page 1)

flour business, and extended unemployment benefits for those who are suffering during this re-adjustment period.

His Vietnam position is that of an honorable end to our military involvement in Indo-China, with an accounting for our prisoners of war and men missing in action.

Congressman Dulski is a staunch supporter of Federal Revenue Sharing, with emphasis on direct and to urban cities, to ease the burden of local real estate taxes on the property owners which are rapidly approaching the area of being confiscatory and back breaking. The Congressman pledged a vigorous campaign to bring these issues to the people.

IMANI MUSIC WORKSHOP TO PRESENT "A TESTIMONY"

The Imani Workshop will present, "A Testimony," to be held at Woodlawn Junior High School, Sat., Nov. 18, at 8 p.m. sharp.

Featured will be the guest appearance of Buffalo's Black Dance Workshop and poets, Linda Barron, Jackie Diggs and Shakoor Aljuwani.

The program is sponsored by Buffalo's Model Cities Council on Culture. For further information, call: Charles Aughtry, 881-2004 or 881-2713.

Nader's Raiders Said:

"Jack Kemp feels a deep responsibility toward his constituents."

"A large portion of his time is devoted to work for them."

"Many of the bills he has introduced or has co-sponsored are related to, or directly concerned with, the interests of his House District."

"Kemp is starting another promising career . . . the energy which went into football, he now applies to his work in Congress."

RE-ELECT

CONGRESSMAN

JACK KEMP

.— Paid Political Advertisement

Your Voice in Albany

SENATOR FRANK J.

Glinski

Frank has been in the New York State Senate for 14 years. His senority makes him ranking member of the Senate Codes Committee and a member of the Senate Finance Committee, Labor and Industry Committee. On such important committees he is in a position to do the utmost for Buffalo and Erie County. We need Glinsky in Albany.

Democratic - Liberal Cndidate For

VOTE FOR GLINSKI

STATE SENATOR

TUESDAY, NOV. 7th

at your neighborhood voting place

Polls Open 6 a. m. to 9 p. m,

.— Paid Political Advertisement

THE BUFFALO GENERAL HOSPITAL COMMUNITY MENTAL HEALTH CENTER

is recruiting
for the position of:

COORDINATOR OF VOLUNTEERS

QUALIFICATIONS: High School Diploma plus appropriate experience in service as a volunteer or as a paid supervisor of volunteers. Demonstrated experience should include recruiting, screening, training and supervision of volunteers. Qualified applicant should submit resume to:

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